

Pretzel Pom Poms

Spray Oil (I recommend [Winona Pure Oil](#))

[Glutino Pretzel Sticks](#)

Chicken Breasts (rinsed and sliced into very thin, long strips)

Sea Salt

Garlic Powder

Paprika

Optional- [Glutino Buffalo Style Pretzels](#),

[Glutino Honey Mustard Pretzels](#)

Preheat the oven to 350°. Line a baking sheet with foil and lightly coat with spray oil. Set aside.



Set aside Glutino pretzel sticks. Using a mallet, pound the chicken strips very thin. Gently wrap the chicken strips around the end of a Glutino pretzel stick (best length of the chicken strip would approximately 3 inches). Place onto the prepared baking sheet, leaving some space between each stick. Spray with oil, then sprinkle with sea salt, garlic powder and paprika. For additional flavor options, sprinkle crushed Glutino Buffalo Style or Honey Mustard pretzels.

Bake for 15-20 minutes.

These must be made the day that you are planning to serve them as the pretzels may get mushy.

Optional dips that are also fast and easy- my [Jalapeno Sauce](#) or GoVeggie [Chive & Garlic Cream Cheese](#)