



### **Barbeque Broil Brisket**

- 1 London broil
- 3 Tablespoons smoked paprika
- 2 Tablespoons ground coriander
- 2 Tablespoons Sea Salt
- 2 Tablespoons onion powder
- 1 Tablespoon brown sugar
- 1 Teaspoon cumin
- 1 ½ Cups tomato sauce
- ¼ Cup water
- 1 Tablespoon Worcestershire
- 2 Tablespoons apple cider vinegar

Place the London broil into a crock pot.

Combine all remaining ingredients in a large bowl, making sure to combine well. Pour over the London broil and cook in the covered crock pot on low until the beef pulls apart with a fork. (I cooked it for almost a full day but not necessary).

Serving sizes vary