

Top 8 Free Cream Puffs Featuring The Greater Knead

Pastry

Cup water
Cup butter of your choice (can use Vegan or dairy free)
Teaspoon sea salt
Y Cups The Greater Knead All Purpose Blend Baking Mix
Tablespoons Follow Your Heart Vegan Egg + ¼ cup cold water
Filling
Tub So Delicious Coco Whip (thawed)
Cup So Delicious Unsweetened Vanilla coconut yogurt
Teaspoon vanilla

1/2 Teaspoon vanilla

Prep Time: 8 Minutes Cooking Time: 45 Minutes

- 1. Preheat the oven to 425° .
- 2. Line two baking sheets with parchment paper and set them aside
- 3. In a medium pot, bring the water, "butter" and salt to a boil
- 4. Remove from the heat and add the flour, stirring continuously
- 5. Let the mixture cool for 10 minutes
- 6. Prepare the filling by combining all of the ingredients in a large bowl
- 7. Cover and refrigerate until needed
- 8. Using a large bowl, transfer the cooked pastry items and add the Vegan egg, mixing on low with a hand mixer and scraping the sides of the bowl with a plastic spatula
- 9. Scoop mounds of the batter onto the baking sheets (a scoop is the easiest method)
- 10. Bake for 15 minutes then reduce the oven temperature to 350° (do not open the oven door)
- 11. Bake at reduced temperature for 20-25 minutes or until the pastries are golden
- 12. Remove the pastries, insert a small slit on the top of each pastry
- 13. Place them back into the oven for 5 more minutes
- 14. Allow them to cool completely on a cooling rack
- 15. Once cool, gently cut them in half
- 16. Spoon or pipe prepared filling into the cooked pastries
- 17. Top with sprinkled confectioners' sugar

*If storing, be sure to store the puffs in an airtight container (unfilled) and fill as needed.

Makes approximately 18 small puffs

Compliments of Nutrimom®-Food Allergy Liason

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