



Porcupine Snacks

An adorable way to sneak fruit and protein into a fast snack ~

Pretzel sticks (I recommend [Glutino](#))

1 White & 1 red allergy-friendly jellybean (such as [Gimbal's Fine Candies](#))

1 Blackberry (washed)

Your choice of [SunButter](#)

1-2 Tablespoons [Enjoy Life Foods](#) chocolate

½ Teaspoon oil (I recommend [Winona Pure Oil](#))

Prep Time: 5 Minutes

Assemble Time: 4 Minutes

1. Cut the pretzel sticks into 3 pieces, keeping the end pieces
2. Set them aside
3. Carefully cut each of the jellybeans in half
4. Set them aside
5. Line a flat cutting board with parchment
6. Gently cover a blackberry with SunButter
7. Combine the chocolate and oil in a microwave safe cup
8. Heat until melted
9. Cover the blackberry completely with chocolate
10. Insert the cut pretzels, making sure the rounded edges show
11. Add two of the white jellybean halves for eyes
12. Add one of the red jellybean halves for a nose
13. Using a toothpick, gently draw the pupils with remaining melted chocolate
14. Store in an airtight container in the refrigerator

Makes 1 porcupine



Watch an easy tutorial & make these now- click [here](#)